

**THE WESTIN**  
MISSION HILLS  
RESORT & SPA

71333 Dinah Shore Drive • Rancho Mirage, California 92270 • 760.328.5955

the spa at  
mission hills



capture the earth

**THE WESTIN**  
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## welcome to the spa at mission hills

### namasté

the divine in me honors the divine in you. the spa at mission hills invites you into our rejuvenating sanctuary. enjoy the beauty of the desert along with treatments from around the world. allow the body and mind to slow down as well as understand the natural earth. continue our ancestors' appreciation for our land and surroundings by observing, relaxing and meditating during your time with us. again, namasté.

### reservations

reservations may be booked on property through our spa desk or extension 2180. prior to arrival, reservations may also be booked through our website at [starwoodspacollection.com](http://starwoodspacollection.com) or by calling 760.770.2180. booking reservations two weeks prior to arrival is recommended. since all services are reserved especially for you, we require 24-hour advance notice for all cancellations and require a valid credit card for reservations.

### spa guidelines

guests are encouraged to arrive 30 minutes prior to their spa experience to relax and enjoy our steam facilities, outdoor therapy pool and meditation lounge. arriving late will limit the time for treatment. the spa is not responsible for lost or misplaced articles, but lockers, robes and slippers are provided. services are only available to those 18 years of age and older. alcohol is not permitted in the facility and is not recommended before or after a treatment.

# massage therapies

embrace your harmony

## swedish

utilizes light, long kneading strokes to promote relaxation, improve circulation and overall well-being.  
45 mins \$100 • 60 mins \$125 • 90 mins \$185

## therapeutic

a firm massage to stretch and relax tense muscles and relieve discomfort due to stress, injury or overuse.  
60 mins \$135 • 90 mins \$195

## hot stone

an unforgettable experience enhanced by the natural energetic properties of stones integrated into the massage.  
60 mins \$140 • 90 mins \$205

## hawaiian lomi lomi

a touch of the islands through movements designed to release muscular tension and increase circulation.  
60 mins \$140 • 75 mins \$175 • 90 mins \$205

## eclectic

a massage shaped by the knowledge of each therapist to create a therapy unique to each individual.  
60 mins \$140

## stone reflexology

a reflexology treatment for the hands, feet and ears incorporating hot and cold stones for energy stimulation.  
60 mins \$145

## motherhood

a stress release for mind and body utilizing pillows and body cushions. not recommended during 1<sup>st</sup> trimester.  
60 mins \$135

## oriental

like the flowers, principle of yin and yang. a powerful therapy to open and encourage flow of vital energy, stimulates the meridians of the body providing a feeling of awareness and strength.  
60 mins \$145

## mediterranean

like the waves, essence of the ocean. a nurturing therapy to reflect the energetic spirit and warmth of the culture. the hands of the therapist dance like waves with a fluid, restorative and relaxing caress.  
90 mins \$215

## indian

like fire, knowledge of life. a tranquil therapy to encourage harmony with our environment for a happy, healthy and inspired life. ayurvedic philosophy using brisk, energetic strokes.  
60 mins \$145

## back, neck & shoulders

specifically designed to relieve discomfort from the areas that are most affected by stress and tension.  
30 mins \$85

## reflexology

an application of pressure to the reflex points on the feet and hands to restore energy flow through the body.  
30 mins \$85





# facial treatments

enjoy your beauty

## hydrate

the pleasure of deeply hydrating honey, hibiscus and trehalose to promote an exceptional restoration.  
45 mins \$105 • 60 mins \$125

## purify

the benefit of clay's natural abilities to gently exfoliate, reduce impurities and balance every type of skin.  
60 mins \$130

## calm

desensitizes, strengthens and eliminates redness, leaving sensitive skin calm, refreshed and protected.  
60 mins \$140

## illuminate

pearl powder, brightening extracts of bearberry, licorice and a gentle kojic acid bring light and life to the skin.  
60 mins \$140

## anti-oxidant

most nourishing facial to neutralize free radicals and bestow a perfect softness leaving the skin radiant.  
60 mins \$145

## lift

enhance skin which has experienced a loss of elasticity by stimulating collagen fibers with enzymes.  
75 mins \$165

## fitness

individualized to meet the needs of a male client, results-oriented treatment focusing on lifting and toning.  
75 mins \$165

## decadence

energize the skin with deep cleansing, enzyme exfoliant, layering of masks and collagen concentrates.  
90 mins \$190

## glorious skin

exceptional results from the combined intensity of alphahydroxy acids and pure collagen.  
90 mins \$200

## lip bloom

extra care and beauty for lips and lip contour. rejuvenating, replenishing and replumping.  
15 mins \$35

## eye supreme

delicate eye zone treatment providing hydration, nutrients and a compacting action to revitalize.  
15 mins \$40

## peel

blend of herbal extracts and stabilized fruit acids to exfoliate and renew the skin.  
15 mins \$40

## waxing services

brows	\$25 & up
lip or chin	\$20 & up
half leg	\$50 & up
full leg	\$75 & up
arm	\$45 & up
underarms	\$30 & up
bikini	\$45 & up
half back	\$50 & up
back	\$75 & up

## a touch of color

makeup application	\$75 & up
makeup lesson	\$95 & up
bridal makeup	\$110 & up



## bath therapies nourish your life

### inner-c

your own private ocean, an effervescent bath with marine actives and silk powder to restore equilibrium.  
20 mins \$45

### coconut

fresh coconut milk with a blend of exotic nut oils to hydrate dry skin.  
20 mins \$45

### detox

lemon, balm mint, thyme and bitter orange to relax and purify the body and mind.  
20 mins \$45

### revitalizing

thyme, cajeput and lavender exert a powerful oxygenating effect on the body promoting inner energy.  
20 mins \$45

### milk

rosewood, orange and palmarosa to reduce dryness and soothe sensitive and sun ravaged skin.  
20 mins \$45

### relieving

juniper, fenugreek and cinnamon to bestow a feeling of vitality and relief.  
20 mins \$45

## body therapies free your essence

### tropical

a coconut sugar rub containing virgin coconut oil followed with a fresh pineapple body lotion.  
30 mins \$80

### lemongrass

an uplifting aromatic salt exfoliation finished with a silky smooth lemongrass lotion application.  
45 mins \$105

### aromatherapy

a customized scrub catered to your skin type that utilizes natural scrubs and shea butter.  
45 mins \$105

### anti-cellulite

an active intensity wrap, with hot and cold effects, eliminating toxins and giving a reducing and firming effect.  
60 mins \$130

### monticelli

a creamy detoxifying mud wrap enriched with thermal mineral waters from italy to bestow systemic balance.  
60 mins \$135

### tranquility

a deeply hydrating red algae exfoliant followed by a palmarosa milk wrap to leave the skin smooth and toned.  
75 mins \$165

### d-age

an extremely penetrating wrap of kamani oil serum to restore the elasticity and firmness in the body.  
75 mins \$165

### bindi

healing ritual from india using warm herbs and light strokes 90 minutes concludes with a shirodara scalp treatment.  
60 mins \$135 • 90 mins \$190





## hair & nail treatments inspire yourself

### essential

freshen up and polish change enriched with our signature scent.  
manicure 30 mins \$40 • pedicure 45 mins \$55

### hydrate

A warm and luxurious service to renew the skin with a tropical moisturizing treatment.  
manicure 45 mins \$65 • pedicure 60 mins \$80

### lushly

exotic ritual inspired by an ancient polynesian rite to restore and hydrate tired hands and feet.  
120 mins \$170

### glycolic pedicure

deeply exfoliating treatment to renew the feet and eliminate roughness.  
60 mins \$80

### ice cream pedicure

a refreshing pedicure customized with your own flavor that is enriched with vitamins and minerals.  
60 mins \$80

### ultimate pedicure

combination of a tropical hydrating treatment and an active exfoliating agent to provide royal enchantment.  
75 mins \$95

### additional salon services

french upgrade	\$15
lacquer application	\$25
blowdry with agim	\$95 & up
hair cut with agim	\$220 & up
blowdry with stylist	\$70 & up
hair cut with stylist	\$100 & up
protein conditioning	\$50
essential hair oil	\$65
men's cut with stylist	\$65
hair consultation	complimentary

*agim and his stylist team, renowned for their celebrity haircuts and el paseo salon, offer incomparable quality in hair services.*

